London college of excellence

B5 ASSIGNMENT

**Enhance the appearance of eyebrows and eyelashes**

NVQ LEVEL 2

**Assignment completion date**

**Assessor Signature**

**Number**

**IV Date**

**IV Signature**

**Number**

**Learner Name**

**Task**

Complete all questions in outcomes 4-6 & 10.

Complete questions in black in outcomes 8-9

**Attempt all questions in BLACK**

Questions in **PINK** (Outcomes 7, some of 8&9) are found in the mandatory written papers, and are optional, however, may need to be attempted at a later date

You can use any method of research that you feel appropriate, however, you must be able to prove that this is your own work.

All parts of each outcome must be answered using a standard blue or black ink, or word processed if you prefer.

**Marking**

Your tutor will mark your answers and give you written feedback, and this will be discussed with you. If you have changes to make, your tutor will agree a suitable action plan and a new deadline with you.
You will have the opportunity to give your comments on the feedback that you have received.

**KNOWLEDGE - OUTCOME 6**

**Understand Organisational and Legal Requirements**

a. What are **your** responsibilities under relevant health & safety legislation?

b. Why should you avoid treating minors without signed consent from a parent or guardian?

c. Why is it important to have a parent or guardian present when treating minors?

d. Up to what age are clients classed as a minor?

How does this differ nationally?

e. Why is it important not to discriminate against clients with illnesses & disabilities?

What is the name of the act governing this discrimination?

f. Why is it important to gain signed consent for treatments, and what could the legal significance of this be?

g. What are the issues surrounding delivery of eyebrow and eyelash treatments to minors?

h. According to accepted industry and organisational requirements complete the following indicating your responsibilities and reasons for:

|  |  |  |
| --- | --- | --- |
| **Organisational requirements** | **Responsibilities** | **Reasons** |
| Personal hygiene |  |  |
| Personal protection |  |  |
| Appearance |  |  |

i. Complete the following regarding client records:

|  |  |  |
| --- | --- | --- |
| **How to complete client records** | **Importance of & reasons for keeping client records** | **Importance of gaining client signature** |
|  |  |  |

j. What is the importance of the correct storage of records in relation to the Data Protection Act?

k) Investigate the following within your salon for eyelash and eyebrow treatments:

|  |  |
| --- | --- |
| **TREATMENT** | **ACCEPTABLE TIMING** |
| Total re-shape of brow |  |
| Maintenance of original brow shape |  |
| Eyelash tint |  |
| Eyebrow tint |  |
| Application of strip lashes  |  |
| Individual flare lashes |  |

Why is it important to complete treatments within a commercially viable time?

l) Investigate the following in your salon:

|  |  |
| --- | --- |
| **TREATMENT** | **PRICING** |
| Total re-shape of brow |  |
| Maintenance of original brow shape |  |
| Eyelash tint |  |
| Eyebrow tint |  |
| Lash & Brow tint |  |
| Application of strip lashes  |  |
| Individual flare lashes |  |

m) Fill in the boxes:

|  |  |
| --- | --- |
| **How to avoid potential discomfort and injury to yourself** | **Risks of poor positioning of the client** |
|  |  |

**KNOWLEDGE– OUTCOME 7**

**Understand how to work safely and effectively when providing eyebrow and eyelash treatments**

a. Complete the boxes below:

|  |  |  |
| --- | --- | --- |
| **Set up the work area for lash & brow treatments** | **Prepare equipment and materials for lash & brow treatments** | **Use equipment and materials for lash & brow treatments** |
|  |  |  |

b. What is contact dermatitis?

How can you avoid developing it when carrying out eye treatments?

c. What type of personal protective equipments should be available and used by yourself for eyebrow and eyelash treatments?

d. Illustrate below if the following are methods of disinfecting or sterilising equipment.

|  |  |
| --- | --- |
| **Method** | **Disinfecting / Sterilising** |
| Autoclave |  |
| Barbicide  |  |
| UV Cabinet |  |

e. How would you maintain equipment and materials in a clean and hygienic manner?

f. How should you prepare **yourself** for carrying out eyebrow & eyelash treatments?

g. State the **importance** of: A) disinfecting hands. B) How do you effectively disinfect your hands and what is the reason for this?

|  |  |  |
| --- | --- | --- |
| **Action** | **Importance/reasons for doing so** | **Methods of effective disinfection of hands** |
| Disinfecting Hands |  |  |

h. State the requirements for eyelash and eyebrow treatments, and why they are important:

|  |  |  |
| --- | --- | --- |
| **Environmental condition** | **Requirements**  | **Importance**  |
| Lighting  |  |  |
| Heating  |  |  |
| Ventilation  |  |  |
| General comfort |  |  |

1. What checks should you carry out on the equipment you intend to use for the treatment?

j. Why is it important to maintain standards of hygiene?

What are the principles for avoiding cross infection?

k. How can you effectively and safely position equipment and materials for eyelash and eyebrow treatments?

l. Fill in the boxes:

|  |  |
| --- | --- |
| **How to avoid potential discomfort & injury to yourself** | **Risks of poor positioning of clients** |
|  |  |

m. Which of the following would be an effective way of disposing and minimising of waste from treatments?

1. Throwing all of your waste in one big bin
2. Use minimal tools and products and use the correct method of disposal whenever possible
3. Use disposable tools and materials as much as possible to avoid needing to tidy up after treatments
4. Put your rubbish out with household rubbish to avoid paying extra

n. How should the work area be left after you have completed the treatment, and state why this is so important?

**KNOWLEDGE– OUTCOME 8**

**Understand how to perform client consultation, treatment planning and preparation**

a. How would you use effective consultation techniques when communicating with the following?

|  |  |
| --- | --- |
| Clients from different cultural & religious backgrounds |  |
| Clients of different ages |  |
| Clients with disabilities |  |
| Different genders |  |

b. What are the questioning and listening skills you need in order to find out information?

c. How would you give effective advice and recommendations to client’s?

d. How would you interpret the following body language?

|  |  |
| --- | --- |
| **Positive body language**  | **Negative body language** |
|  |  |

e. What is the importance of questioning clients to establish any known contra-indications to eyelash and eyebrow treatments?

f. Why is it important to record client responses to questions about contra-indications?

g. What is the legal significance of client questioning & recording client’s responses concerning contra-indications?

h. Why is it important to encourage and allow time for clients to ask questions?

i. Why is it important to encourage clients with contra-indications to seek medical advice?

j. Why is it important and what is the reason you do not name a specific contra-indication when referring clients for medical advice?

k. Why is it important to maintain client’s modesty and privacy?

1. To avoid therapists embarrassment
2. So that the client can not see the treatment being performed
3. So that the client is comfortable and avoid embarrassment

l. State the requirements for eyelash and eyebrow treatments, and why they are important:

|  |  |  |
| --- | --- | --- |
| **Environmental condition** | **Requirements**  | **Importance**  |
| Lighting  |  |  |
| Heating  |  |  |
| Ventilation  |  |  |
| General comfort |  |  |

m. **Detail** how you would conduct a sensitivity test

Why should a sensitivity test be conducted?

n. How would you interpret the results of a skin sensitivity test?

o. How would you cleanse the area to be treated?

**KNOWLEDGE – OUTCOME 9**

**Understand how to shape the Eyebrows**

a. Which points are used when measuring the eyebrow and eye for shaping treatments?

1. The side of the nose, the middle of eye and tip of ear
2. The start, middle and end of the current eyebrow
3. The edge of the nose, edge of the iris, and side of eye in line with the nose
4. The edge of the lips, middle of pupil and arch of brow

b. What would be the recommended shape for the eyebrows for the following face shapes?

|  |  |
| --- | --- |
| Face shape | Eyebrow shape |
| Round |  |
| Pear |  |
| Heart |  |

c. Explain the procedure of removing eyebrow hairs carefully and effectively.

d. What would be the recommended time intervals between eyebrow shaping treatments?

e. Complete the table below:

|  |  |  |
| --- | --- | --- |
| Soothing agents available | Effect on the eye area | Precautions necessary to avoid harm |
|  |  |  |

f. What advice would you give to a client to ensure they maintained and cared for their tweezed eyebrows?

**KNOWLEDGE – OUTCOME 10**

**Understand how to tint the eyebrows and lashes**

a. How would you protect the skin around the eyebrows and eyelashes prior to tinting?

Why is it important to protect the skin?

b. **Detail** the routine of applying tint to the lashes and brows.

c. Complete the chart below:

|  |  |
| --- | --- |
| **Colouring characteristic** | **Timing of tint development** |
| Fair |  |
| Red |  |
| Dark |  |
| White/grey |  |

d. Give examples of how you would carry out the following:

|  |  |
| --- | --- |
| **Action** | **Example** |
| Select tint |  |
| Mix tint |  |
| Remove tint |  |
| Minimise wastage |  |

e. Why is it important to follow manufacturer’s instructions when mixing and using tint?

f. Explain how oxidisation affects the shelf life of tint.

 At which point in the treatment should the tint be mixed?

g. Name 3 factors that prevent the tinting process from working

**KNOWLEDGE – OUTCOME 11**

**Understand how to apply artificial lashes**

a. Explain ways of selecting and fitting artificial lashes to suit the needs of the client and enhance the eye shape?

|  |  |
| --- | --- |
| Selecting lashes | Fitting lashes |
|  |  |

b. What is the importance of following manufacturers’ instructions for the use of adhesives and artificial eye lashes?

c. List the factors that prevent artificial lashes from adhering.

d. Give examples of the current range and use of artificial lashes?

e. List the maintenance and care requirements for artificial lashes.

**KNOWLEDGE – OUTCOME 12**

**Understand the contra-indications and contra-actions that affect or restrict eyebrow and eyelash treatments**

a. Give 2 examples of contra-indications requiring medical referral.

b. Give 6 examples of contra-indications that prevent the treatment and why?

|  |  |
| --- | --- |
| Contra-indication | Reason for preventing treatment |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

c. What action would you take if product enters the client’s eye?

d. Describe the appearance and causes of erythema

|  |  |
| --- | --- |
| Appearance of Erythema  | Causes of Erythema |
|  |  |

e. Complete the chart below:

|  |  |
| --- | --- |
| **Contra action** | **How to deal with them** |
| Allergic reaction to the product |  |
| Minor irritation to the eye |  |
| Stinging eyes |  |

**KNOWLEDGE – OUTCOME 13**

**Know the equipment, materials and products to use when carrying out eyelash and eyebrow treatments**

a. Complete the table below for enhancing the appearance of the eyebrows and eye lashes:

|  |  |  |  |
| --- | --- | --- | --- |
| **Treatment** | **Materials** | **Equipment** | **Products** |
| Eyebrow Shaping |  |  |  |
| Tinting the lashes or brows |  |  |  |
| Applying false lashes |  |  |  |